

Map of Consciousness / the Journey to Awakening

7. Living Awake

How enlightenment functions in daily life
for the benefit of all.

6 Pure Consciousness / True Oneness

Pure Consciousness as Itself. No personal self to be conscious.
Universal. All pervading. Oneness. I am That I have searched for.

5 Void / Emptiness

Transitional stage. Cleaning the last attachments to the ego self.

4 Pure Being / Bliss

The I Am as Pure Being itself. Profound Bliss.

3 Love / Something More

Direct experience of Something More than the personal self.
Immersion in Love and as Love.

2 Personal Consciousness / Aware of Awareness

The Journey of Awakening begins here.
First awareness of thoughts and ego as not me.

1 Ego / Personal Self / The Dream

The experience of most humans. Thoughts and ego as me.
The human story. Suffering

